## ABSTRACT OF DISCLOSURE

A soft polyurethane foam obtained by foaming a polyurethane raw material including a phenolic antioxidant selected from 3,9-bis[2-{3-(3-t-butyl-4-hydroxy-5-methylphenyl)} propioniloxy}-1,1-dimethylethyl]-2,4,8,10-tetraoxapyro [5,5] undecane and/or 2,2'-thio-diethylene bis [3-(3,5-di-t-butyl-4-hydroxyphenyl) propionate in an amount of 0.05 - 2.0 parts by weight, a benzotriazole type UV absorbing agent in an amount of 0.1 - 3.0 parts by weight, and a phosphorus type antioxidant in an amount of 0.5 - 6.0 parts by weight for 100 parts by weight of a polyol component. Color migration and discoloration of a soft polyurethane foam are prevented.